Calgary metro

Your essential daily news | WEDNESDAY, JULY 20, 2016 | High 25°C/Low 10°C Mostly sunny

YOUTH COUNCIL

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SHOCKING

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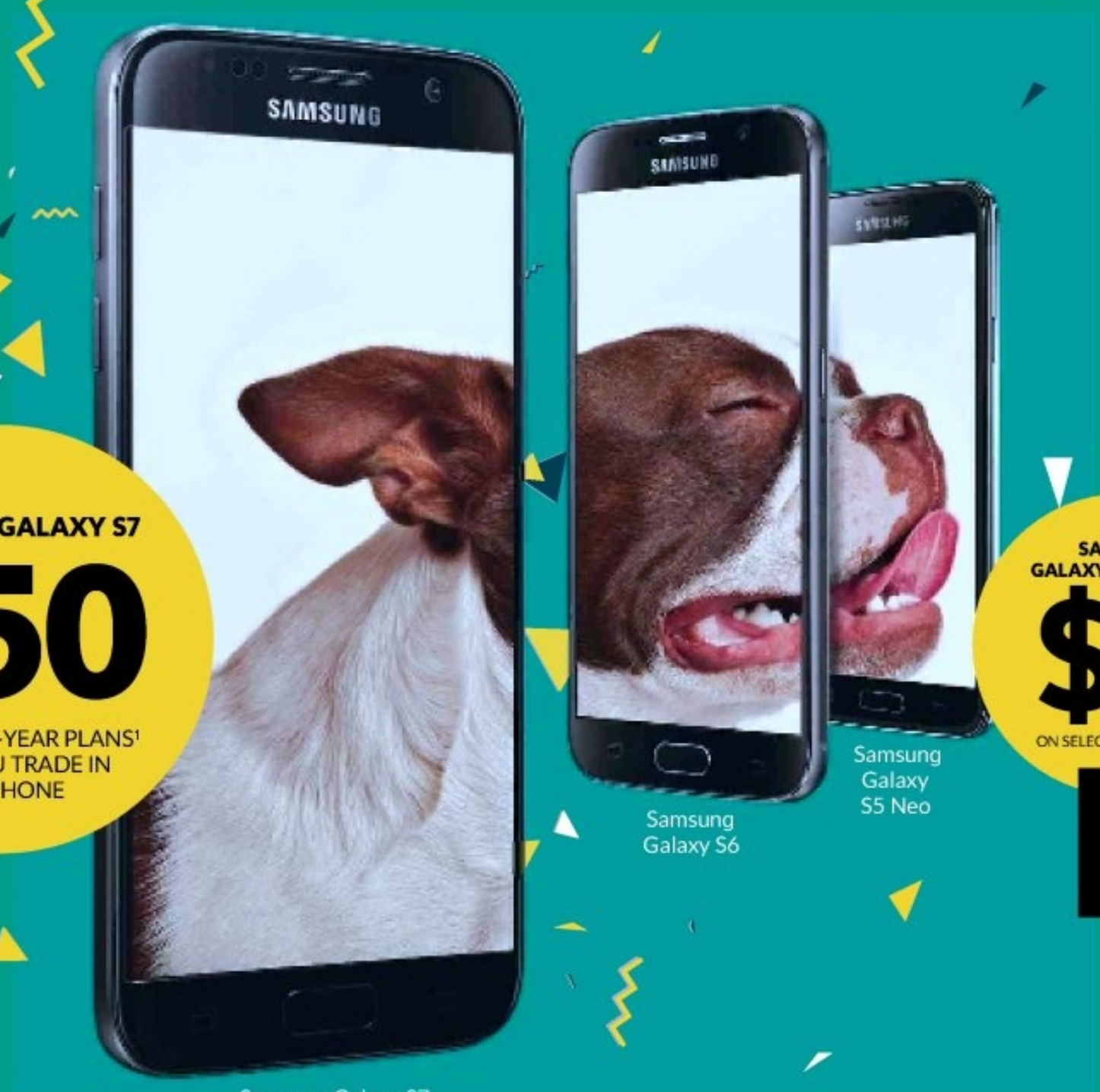

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metro NEWS
Your essential daily news
Ontario premier to talk recreational pot at summit in Whitehorse. Canada

Brewers catching up to demand

REPORT

Craft industry still lags behind Albertans' total beer drinking

Ryan Tumilty
Metro | Edmonton

Albertans drink a lot of beer but have few craft breweries.

But some say that's about to change.

A new report from Beer Canada, the industry's trade group, shows Albertans had Canada's third highest rate of beer consumption behind only Newfoundland and Quebec.

Yet that hasn't translated into a big growth in local brewers.

Alberta had 40 brewers as of 2015, the same number as Nova Scotia, a province with less than a quarter as many people.

British Columbia, with about 500,000 more people than Alberta, has 120 breweries by comparison.

Ben Rix, one of four co-founders of the recently launched Bent Stick Brewing company in Edmonton, said it's regulatory barriers have stood in the way of growth.

Rix and his co-workers all worked at Alley Kat Brewing before the government changed its rules in 2013, allowing brewers to be licensed without requiring them to produce large volumes.

"When that rule changed we all started chit-chatting at work," Rix said.

Since that first meeting, Rix said the company bought equipment, found a location and perfected their recipes.

"People have been excited to get some new players in the area and the beer has been selling really well so far," he said.

Stephen Anderchek, the business manager of Village Brewery in Calgary, said removing the large volume requirement made it easier to start up.

"You have people who are willing to make investments now where it is not an investment of $5 million," he said.

Anderchek said the consumer demand is there and breweries will rush in to fill it.

"Now you are seeing the catch-up. The interest in people wanting to drink different styles," he said.

Terry Rock, executive director of the Alberta Small Brewers Association, said all the ingredients are here for more breweries.

"We're a world leader in the production of malt barley," he said. "We can create the freshest beer on the continent."

Rock said he knows of at least a dozen new brewers that should open their doors in the next year or so and believes Alberta's industry will swiftly catch up.

"I think we can actually build a tourism industry around this."

Tony Stolz, manager of Olds College's Brewery, which is connected to the college's brewing program, said the course has plenty of demand.

"Our program has been full since we opened up the door," he said.

Stolz said his students are finding plenty of work when they graduate or they are starting their own breweries, too.

"Most of them want to work locally and they want to work in the craft industry," he said.

With three weeks of business behind him, Rix said he welcomes new competitors, hoping that any new craft productions will make the whole industry stronger.

"If there are a whole bunch of breweries on the shelf the more likely it is to get someone to stray from their Coors Banquet or Bud Light choice."

BY THE NUMBERS | Consumption by comparison

Craft beer is booming, but which provinces have the most breweries, and where is the most growth?

Here's a look at Alberta's beer consumption relative to other provinces across Canada, highlighting which provinces are the biggest drinkers in the Great White North.

	2014	2015
Newfoundland	n/a	4
New Brunswick	20	30
P.E.I.	n/a	4
Nova Scotia	30	40
Quebec	140	160
Ontario	150	200
Manitoba	n/a	3
Saskatchewan	40	40
Alberta	30	40
British Columbia	100	120
Yukon Territory	n/a	2
N.W.T./Nunavut	n/a	1
Total	520	644

A Metro reader submitted this photo of damage caused by a lightning strike to a condo building in northeast Calgary.
CONTRIBUTED

Provincial codes lack lighting protection

BUILDING

Voluntary installation increasing to protect data

Brodie Thomas
Metro | Calgary

July has brought near-daily thunderstorms to Calgary, and with them the warnings from Environment Canada and the constant safety reminders.

Environment Canada recommends getting inside during lightning events, but what about the buildings we're taking shelter in?

In Alberta at least, there are no requirements for lightning protection on buildings of any size, according to the provincial building code and federal electrical code.

"It's best interpreted as a voluntary installation," said Shane Hoogenboom, chief electrical inspector for the City of Calgary.

Many years ago, the fire marshal had some say in which buildings needed a system of lightning rods and grounds, but Hoogenboom said it has been voluntary for at least the 25 years he's been working with the city.

He said the city generally sees engineers adding lightning protection to larger building plans, and most developers leave it in the plans. But they're within their rights to drop them to save on costs.

25
Number of lightning strike calls Calgary Fire Department has responded to since January 2015.

Hoogenboom said without a separate lightning protection system, a lightning strike can wreak havoc on the electrical and computer systems in a building, not to mention cause a fire.

He's not opposed to seeing more regulation on which buildings might require a system.

"In today's day and age, I think it should be monitored," he said.

The province, however, is fine with the current voluntary system.

9
Number of structure fires started by lightning strikes since January 2015.

"The historical rationale allowing the choice to use lightning protection is the decision is best made by a professional based on risk and use of the building," said Jerry Ward, public affairs officer for Alberta Municipal Affairs.

He said the grounding required under the Canadian Electrical Code is considered sufficient protection for electrical systems.

Tom Dobbyn, co-owner of Dobbyn Lightning Protection, specializes in installing protection systems on buildings of all sizes.

He said the systems are becoming in vogue with buildings meant to house critical electrical and data systems, as well as important public infrastructure such as hospitals.

Dobbyn installs the Franklin Rod System, first pioneered by Benjamin Franklin in the 1700s. The systems provide a safe and robust path for electricity from the lightning strike to find its way through the house and to the ground.

He said in Canada, insurance companies generally won't give homeowners a break on their premiums for having lightning rod systems.

He has, however, had homeowners come to him after their homes were hit with requirements from insurance to install the system after they made a claim.

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Payday loans by postal code

INVESTIGATION

A full quarter of shops are located in city's poorest areas

Jeremy Simes
For Metro | Calgary

More than a quarter of Calgary's payday loan businesses are located in the city's poorest postal code, according to data mapped by Metro, and the numbers don't surprise Service Alberta Minister Stephanie McLean.

The revelation underscores what the government and anti-poverty advocates call predatory lending, where payday loan companies cluster in lower income neighbourhoods.

Of the 50 payday loan businesses in Calgary that Metro verified, about 16 — or 32 per cent — of operators had shops in the T2A region, which is considered the city's poorest postal code with a median family income of $61,580.

Eleven of those T2A cash shops are located on 17 Avenue SE, also known as International Avenue.

Minister McLean said the government knew there was a pattern of payday loan sites proliferating in low-income areas.

"It's pretty easy to see," she said in an interview. "I'm not surprised, but there was also an abdication of the banking and financial sector."

But Tony Irwin, president of the Canadian Payday Loan Association, said he strongly disagrees with the government's predatory characterization.

He said the concentration of stores on Calgary's T2A region could be because they want to set up shop in popular corridors and be competitive, and they realize there's a need for the product.

"Maybe it's because banks and credit unions have left and now it's being underserved," Irwin said. "We strongly disagree with that (predatory) characterization — this is a legal, licensed industry just like any other."

> Maybe it's because banks and credit unions have left and now it's being underserved.
>
> Tony Irwin, president of Canadian Payday Loan Association

The proliferation of payday loan sites in Calgary's low-income neighbourhoods was largely a result of lenient laws and the departure of credit unions and banks, which mainly don't provide banking plans to people with severely poor credit ratings.

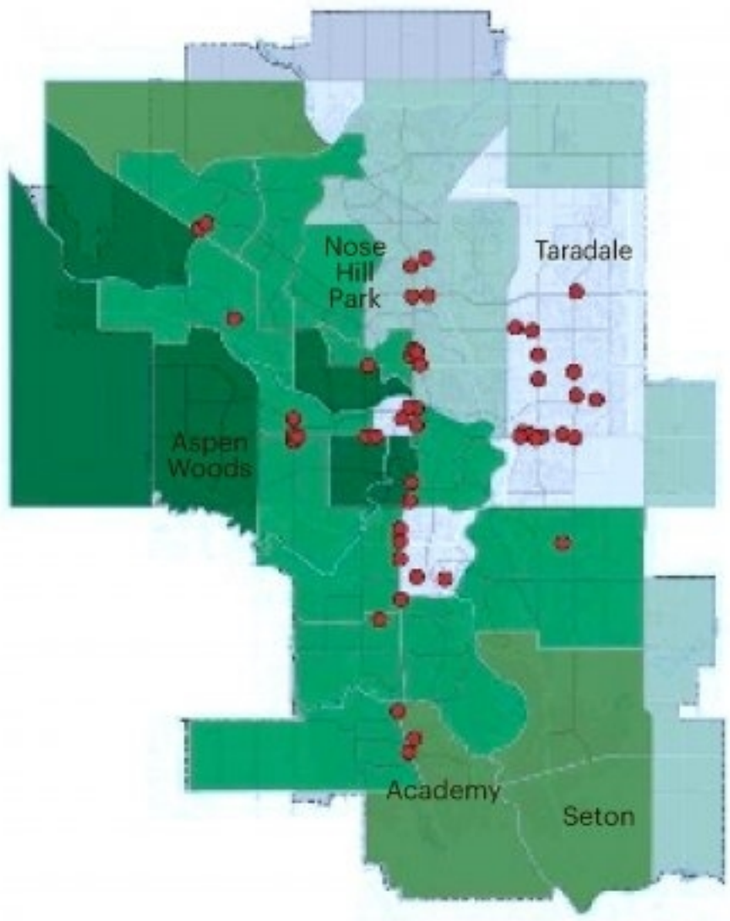
That all could change with the province's new law and the city's new regulations.

But Alison Karim-McSwiney, executive director of the International Avenue BRZ, said the street is essentially stuck with the payday loan sites until they move out, as the 400-metre rule doesn't apply to them.

"They were allowed to proliferate and go where they want," she said. "They know who their market is: people who are desperate for that short-term loan. It is, in fact, predatory."

Metro's data also uncovered that roughly 78 per cent (39 of 50) of payday loan shops are operating in postal codes where the median family income is less than $97,390, which is the average median household income in Alberta.

Metro received the median family income levels per postal code from Statistics Canada. The number of stores was verified via company websites.



In Metro's mapping of payday loan locations, it is clear that the majority are present in less affluent areas of Calgary.
GRAPHIC BY ANDRES PLANA

REGULATIONS

Provincial laws
The provincial law will reduce fees on payday loans to $15 per $100 borrowed, down from the current $23 per $100 borrowed, bringing it to the lowest rate in Canada. The law also forces companies to include financial literacy information and require instalment plans. It's also made it easier for financial institutions to create payday-loan-like programs at lower rates and extended payback schedules.

City rules
In late June, city councillors approved stricter regulations on Calgary's payday loan industry, where operators must apply for business licences and post information and alternatives for those seeking quick cash. It also requires new payday loan companies to open at least 400 metres away from an existing store to prohibit clustering.

ECONOMY

Effect of legislation will change face of neighbourhoods

The likely closure of some payday loan stores in Calgary won't cure cash-goers' debt problems overnight, but the government hopes new pay-day-loan like programs and lower payback rates will soften the blow.

Service Alberta Minister Stephanie McLean says it's very likely some payday loan stores will close due to the government's new law, considering the clustering of cash shops in poorer neighbourhoods has become a problem.

"Their model needs to be viable in the community and, as it stands, it's not a viable structure because the community doesn't want to be gouged at 600 per cent," she said.

Tony Irwin, president of the Canadian Payday Loan Association, says the industry has taken a further hit due to the province's lacklustre economy because people can't take out a loan if they don't have an income.

Irwin has also suggested people who require payday loans will be forced to go underground to make ends meet.

But the solution to that, in part, is the new payday-loan-like programs offered by credit unions like First Calgary and Servus, according to McLean.

The closure of payday loan stores could also result in the revitalization on 17 Avenue SE, according to International Avenue Executive Director Alison Karim-McSwiney.

She said payday loan sites have artificially increased rents on 17th Avenue because they offer a higher price to landlords.

Coun. Andre Chabot, who represents Calgary's poorest postal code, said he anticipates it'll take two years to see how city and provincial legislation will help people escape the cycle of payday loan debt.

"This would all be pointless if we didn't provide alternatives," he said.

"I think everyone is on side so that people have alternatives that are costly that put them into the vicious cycle of debt." JEREMY SIMES/METRO

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Minister of Indigenous Relations Richard Feehan, centre, signed an agreement with Kee Tas Kee Now Tribal Council to establish a First Nations educational framework.
COURTESY GOVERNMENT OF ALBERTA

Alberta working with First Nations

INDIGENOUS CANADIANS

Advocates applaud NDP government, yet more to be done

Jeremy Simes
For Metro | Calgary

Indigenous Relations Minister Richard Feehan says the government will only be finished with its work when outcomes, such as graduation rates, are the same for both indigenous and non-indigenous people.

It's been just over the year since Premier Rachel Notley officially called for an inquiry into missing and murdered indigenous women and girls, and a local indigenous group says the government has made great strides to mend broken relationships.

On Tuesday, the Ministry of Indigenous Relations outlined fourteen initiatives it's begun over the past year.

Some of them include:

- Working with the federal government and provincial and territorial partners to support a national inquiry into missing and murdered indigenous women.
- Signing agreements and initiating letters of intent to support better education programs in some of Alberta's First Nations communities.
- Enhancing new consultations with indigenous groups, including a policy for Métis settlements to have a larger say in land and natural resource activities.
- Implementing the Principles and Objectives of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP).
- Establishing engagement tables so that First Nations chiefs and Alberta ministers will meet regularly.

Andrea McLandres, volunteer president of the Aboriginal Friendship Centre of Calgary, said friendship centres received an additional $5,000 per centre from the province.

She said the money goes a long way and can be used to improve services.

"This is really positive," she said. "There is definitely a change in tone from what we hear in public and the way the province talks about indigenous people and relationships."

Minister Feehan said he thinks the government has done a pretty good job improving relationships with the province's indigenous communities.

"The indigenous people in this country deserve to have every right to have the benefits of society as non-indigenous people. The indicators show they're not benefiting from society and it's time for that to change," he said.

However, McLandres said she'd like to see a move from public statements to concrete steps to implement UNDRIP and the Truth and Reconciliation Commission's calls to action.

CHILD ADVOCATE

Too many native kids in care

Alberta's child advocate says seven out of every 10 youngsters in the province's welfare system are indigenous and big changes are needed to bring those numbers down.

In a new report, Del Graff says indigenous people must be brought in as equal partners in caring for their children and there must be a renewed effort to keep kids with their families.

Graff says the indigenous culture views extended family and community members as caregivers for children, as opposed to the Canadian-European model, which focuses on immediate family.

He says government officials still tend to make risk assessments and child care arrangements based on the Canadian-European view.

He also says some stakeholders have suggested money that goes to foster parents of indigenous children might better be spent helping aboriginal families overcome the circumstances that could lead to family breakups.

In a separate report, auditor general Merwan Saher says the province lacks a clear process for early intervention when it comes to First Nations children and outreach staff receive minimal training on indigenous culture.

THE CANADIAN PRESS

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The skill of the injector will very much dictate the outcome. For natural looking results it is important to use a filler with the right degree of viscosity in appropriate areas of the face. Results from filler can range from subtle to dramatic but it is important to not overdo it. Too much filler can look unnatural. It's better to use a combination of treatments. Combining filler with Botox, a treatment known as Softlift, is a popular treatment for women and men.

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Rapid transit gaining support

TRANSIT

Mount Royal students and faculty back the S.W. BRT

Helen Pike
Metro | Calgary

A wave of positivity has wafted over the contentious S.W. BRT project as groups in favour of the rapid transit route step up to have their voices heard.

On Wednesday, administration will present a 92-page document detailing the responses to 62 questions, originally posed by citizens at the April 20 Transportation and Transit committee meeting.

Students, who have publicly supported the project before, have rallied support at Mount Royal University from learners, professors and administration in preparation for the public hearing session of the meeting.

In a letter, students threw their "unequivocal support" behind the project, which has been met by criticism by Ready to Engage, a grassroots group that represents residents in 14 communities in the city's S.W.

Over 90 faculty and staff have now signed on to a similar letter that echoes students' sentiments.

While Alan Hallman, a spokesperson for Ready to Engage, said he's encouraged to see public participation, his group will still be asking the city to shelve the project until after the SW Ring Road is ready and traffic patterns can be analyzed.

"Do (students and professors) live in the community? We had 4,500 people on our petition, 1,000 were from online 3,500 were in person," Hallman said. "Once the southwest ring road is built traffic patterns will change considerably. That's when we should take a look at whether the $100 million expenditure is worth the money or not."

But for Mount Royal University the project does make sense.

Gerry McHugh, the school's transportation and parking services manager said there are more than 2,700 individuals taking transit to school. And in the institution's strategic plan, they're not going to be able to sustain parking.

Vice-presidents of the Student Association for Mount Royal University pose for a photo in support of the S.W. BRT. COURTESY TWITTER/ @GETTINGSHIFDONE

"A vibrant sustainable transit system is good for everybody," McHugh said. "Parking is a limited commodity. We've got amazing growth going on around the university and our strategic plan continues to help us grow … as our student body grows our need for transit is going to outstrip our parking at some point — and it has from time to time."

The Bella Concert Hall seats 787 people and the Riddell Library, which will open in 2017, has 1,500 seats and 30 group rooms opening to the public.

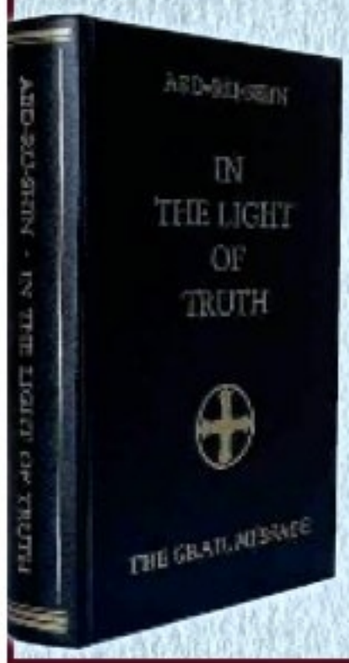
Faculty, who signed a letter addressed to council, are also behind the project.

"The letter we submitted came from faculty and staff, and that is important, because the S.W. BRT will serve our entire campus community," wrote Jarett Henderson, a professor at MRU. "We do what we can to support our students who will benefit the most from the S.W. BRT. But it also provides the entire community with an affordable and reliable alternative."

But students say this isn't just a project that would benefit the MRU community.

"This has long-term positive effects for the community," said Shifrah Gadamsetti, president of the Students Association of Mount Royal University. "There are so many other communities that could use it to get from southeast to get to the southwest, you can use it from southwest to get to the hospital; which has many of the same issues we have."

Why is This Happening to Me?
A Lecture Based on the Work
"IN THE LIGHT OF TRUTH" – The Grail Message



Don't many of us find ourselves asking the above question reflexively, triggered by any number of factors – job loss, ill health, death of loved ones, relationship difficulties and any one of thousands of human heart griefs? Faced with adverse circumstances or conditions we often rebel, wishing the conditions away. But, is there a different question we should be asking? The question that opens us up to the seeds for our inner spiritual development present in all conditions? The question that if we summon the courage to ask, and then, listen, opens up for us pathways to such heights of insights that permit recognition of the gifts being offered us through all conditions and circumstances? A question that allows us in time to see how every condition holds within it the expressions of the love and goodness of the Source of All Life! The speaker will share insights on this practical question derived from his experiences with the work, 'In the Light of Truth", the Grail Message.

DATE: Saturday, July 30, 2016 PLACE/VENUE: Canadian Room, Sheraton Cavalier Calgary Hotel, 2620 32 Ave NE, Calgary, AB
TIME: 1:00pm – 3:00pm PARKING & ADMISSION: FREE

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WOOD AUTOMOTIVE GROUP

TRAFFIC

Crowchild Trail improvements on way

Brodie Thomas
Metro | Calgary

As the City of Calgary pushes on with its public engagement on Crowchild Trail improvements, it's ready to roll out some early changes to get traffic moving faster.

Five recommendations that target traffic are being brought forward now because they aren't contentious and will provide immediate benefit, according to a report from administration.

If approved by council, drivers could see a left-turn restriction at peak traffic hours from northbound Crowchild Trail to westbound Kensington Road as early as this fall.

A similar peak-hours left-turn restriction could also be brought in for northbound Crowchild to westbound 24 Avenue SW as early as fall of 2017.

The first could bring a 60 per cent reduction in traffic delays at both rush hours, while the second could bring a 90 per cent reduction in traffic delays in the morning rush.

Coun. Shane Keating, chair of the city's transportation and transit committee, said that's a significant improvement that will provide noticeable results for drivers on the route.

"The optimizations are not overly cheap, but they do amazing things in this short term," said Keating.

The recommendations aren't just for drivers. Some are aimed at improving things for pedestrians, such as a crossing of Parkdale Boulevard at Kensington Road.

This would help walkers and cyclists get to the Bow River pathway system and could be completed by the end of 2017.

Funding for the proposed changes has yet to be secured.

Mountain Equipment Co-op has plans for two new Calgary locations. TORSTAR NEWS SERVICES

Two new stores: MEC

BUSINESS

Outdoor gear company plans to open extra Calgary shops

57K sq. ft.

The extra space available for gear with the two new MEC store locations in Calgary.

Mountain Equipment Co-op announced plans Tuesday to open two new stores in Calgary within the next three years.

The company says it will open a 30,000-square-foot location in the Seton Urban District of southeast Calgary in the fall of 2018, followed six months later by a 27,000-square-foot store in west Calgary's Medicine Hill community in 2019.

The Vancouver-based retailer says the stores will provide about 160 jobs through a mix of senior staff, full-time, part-time and casual positions.

The two new Calgary stores would deepen MEC's recent investments in Alberta.

"Since the Co-op first opened in Calgary in 1977, MEC has been an integral part of the outdoor community and literally hundreds of thousands of members' adventures — close to home, in the mountain parks and beyond," said MEC CEO David Labistour, in a prepared release.

"These two new stores, Calgary South and Calgary West, promise to support many more adventures in the future, and be more accessible to members who live in those areas of the city."

> These two new stores ... promise to support many more adventures.
> David Labistour, MEC CEO

MEC's South Edmonton Common location is scheduled to open this fall and the capital's downtown store will be relocated to the Edmonton Brewery district next spring.

The store developments are part of an unprecedented period of growth for MEC. Its sales topped $350 million for the first time last year, while membership grew by more than 225,000. THE CANADIAN PRESS

GM SHAGANAPPI GM

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IN BRIEF

Driver charged in March pedestrian fatality

Charges have been laid against the driver of a car involved in a fatal pedestrian collision earlier this year.

Police have charged Chol Chol, 31, of Calgary with careless driving and failing to yield to a pedestrian in a crosswalk.

The charges are related to the death of a 67-year-old woman who was struck by a 2005 Chrysler Pacifica in a marked crosswalk along 8 Avenue and 47 Street SE in mid-March. METRO

Province to inspect more home construction sites

Alberta is cracking down on unsafe workplace practices in the new-home construction industry.

Labour Minister Christina Gray says more occupational health and safety inspectors will visit work sites during off hours this summer.

Gray says safety officers wrote more than 1,600 tickets last year — over half involved employees falling and injuring themselves.

THE CANADIAN PRESS

Grizzly attacks hiker

WILDLIFE

25-year-old was airlifted to hospital, is 'doing well'

A woman hiking in the backcountry west of Calgary was bitten in the arm by a grizzly bear, a fish and wildlife spokesman said Tuesday.

Brendan Cox said the 25-year-old woman was walking along the Ghost River near Trapper's Hill campground, about 45 minutes northwest of Cochrane.

He said a man who was with her chased away the bear, which was with two cubs.

The woman was airlifted to hospital where she was "doing well."

Cox said its fish and wildlife investigators need to determine why she attacked.

"Sows with cubs are more protective... so they can be more aggressive when they run into a surprise encounter with humans," Cox said in a phone interview.

"We're not sure exactly whether this was a surprise encounter or whether it was something else."

It's too early to say what will happen to the bear and her cubs if they are found, he said. Investigators need to assess the scene and speak to the people involved.

"They want to get a sense of the bear's behaviour and whether or not it was acting really aggressively or whether it was a natural reaction to an unusual situation."

THE CANADIAN PRESS

A mother bear bit a woman's arm while she was out walking in the backcountry. THE CANADIAN PRESS

> **Sows with cubs are more protective (and) aggressive.**
> Brendan Cox

AIRDRIE

Fire crews respond to blasts

Airdrie Fire Department responded to two explosions at a detached residential garage Tuesday morning.

Around 11:30 a.m., members arrived at the garage on Springwood Crescent SE to find the garage door had been blown off its tracks, and the side walls of the building had suffered significant structural damage.

The owner of the garage was already in the building, attempting to put out several small fires with a garden hose. He was assessed on scene, but his injuries were deemed to be minor and he wasn't taken to hospital.

For the safety of fire crews, ATCO attended the scene to shut off gas to the garage.

Firefighters entered the structure to extinguish remaining hot spots.

The cause of the explosions and final damage estimates remain under investigation by the Airdrie Fire Prevention Bureau.

METRO

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On Market - 3 Deals
Deals Under Rehab - 4 Deals
Projected Profits - $2,650,000
That's 22 Deals total since they went to Bus Tour Sept 2014

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2nd Property made $52,865
3rd Property made $100,105
Total of $190,298 in profit in 6 months. Since then...
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JOHN COOKSEY

Attended Bus Tour Sept 2014
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1st Flip - profit $5,000
2nd Flip - profit $8,000
1 in construction - estimated profit $80,000
1 Commercial Property (4 commercial spaces, 17 residential) - estimated Cash Flow $34,000/mth
1 Purchased Duplex - $800/mth

Individual results may vary, some are better or worse because it depends on how much time, energy and money an individual puts into their real estate business. © 2016 NVCompanies. All Rights Reserved. Gifts and promotional materials may vary.

Notley shoots back on beer

PRICING PLAN

Premier calls Wall's critique a 'political drive-by'

Alberta Premier Rachel Notley says her Saskatchewan counterpart Brad Wall should pick up the phone if he has a problem with her province's new beer rules.

Notley says criticism of her policy is another "political drive-by" from Wall.

"My experience over the last 13 months is that when there's a matter, pick up the phone and talk to your colleagues," Notley said Tuesday at the legislature. "I would suggest that if he (Wall) would actually like to see a solution, that's a better approach.

"But in the meantime I will not be lectured about any efforts that our government might take in the future in order to support our small brewers, our economic diversification, our workers and our industries."

A beer tax spat is fermenting between Alberta Premier Rachel Notley and Saskatchewan's Premier Brad Wall. METRO FILE

Notley was responding to criticism levelled last week by Wall's government over Alberta's new pricing plan for beer.

As of Aug. 5, the markup on beer will be set at $1.25 a litre — regardless of where the beer is made — but there will be grants available for Alberta-based small brewers.

Notley says Alberta has been too passive when trade rules in other provinces have harmed local interests in its brewing industry.

"We're going to reach out and help some of our small brewers on an economic development basis," said Notley, who noted there are a number of other Alberta-made products that can't be sold in other provinces.

Wall's government says the price change will hurt Saskatchewan producers selling in Alberta and violates the spirit of interprovincial trade agreements.

> **"I will not be lectured about any efforts that our government might take in the future in order to support our small brewers.**
> Rachel Notley

Last fall, Wall's government announced it was lowering the markup on beer from smaller breweries in Alberta, Saskatchewan and British Columbia as part of the New West Partnership trade agreement with the three provinces.

Don McMorris, minister for the Saskatchewan Liquor and Gaming Authority, has said Alberta's markup will hurt his province's brewers, namely Saskatoon-based Great Western Brewing.

Wall is expected to raise the issue with Notley at the premiers meeting later this week in Whitehorse. THE CANADIAN PRESS

ENVIRONMENT

Ditch caribou plan, say groups

About a dozen environmental groups from across the country are urging the Alberta government to abandon a draft plan for the recovery of woodland caribou.

The groups say a proposal to fence in 100 square kilometres of forest for pregnant females would lead to predators and other animals such as deer, elk and moose being destroyed.

The public is being asked to voice opinions on the draft before the Aug. 5 deadline.

Environmentalists say the major issue that needs to be addressed is the loss of natural habitat to industrial expansion.

Some of the organizations criticizing the caribou plan include the Animal Alliance of Canada, the Raincoast Conservation Foundation and Wolf Awareness.

The $40-million plan to restore industry-damaged habitat and section off forest to protect calving cows has drawn applause from scientists.

THE CANADIAN PRESS

POLITICS

PM to create youth council

Justin Trudeau is asking youths ages 16 to 24 to help shape the future of Canadian policy.

Trudeau unveiled his plans for Prime Minister's Youth Council on Twitter Tuesday in a live question-and-answer session.

Justin Trudeau

"I'm looking forward to showing young people and showing all Canadians that young people's voices and input matter deeply," he said in a video posted on Twitter ahead of the Q&A session.

The non-partisan council, Trudeau's own initiative, will provide input on national issues such as employment, education and climate change. The council will meet with the prime minister in person in October, and again in 2017.

"You can expect that #pmyouthcouncil will be driven by youth themselves, and will cover issues that you say matter," Trudeau said on Twitter.

Online applications begin Friday, and close on August 12. Trudeau said members will be selected for their community involvement and leadership experience, amongst other criteria. Members can serve up to a two-year term, and can expect to spend about 10-20 hours a month on council-related activities.

Meetings will be held across the country and participants will be compensated for their time, and travel expenses.

TORSTAR NEWS SERVICE

IN BRIEF

Dramatic takedown as teen points gun to her head

Winnipeg police say officers who tackled a masked teenager standing with a gun to her head in the city's downtown Tuesday handled the situation perfectly.

The girl removed the mask, attempted to walk away with the gun and was taken down by an officer and arrested. METRO

A woman in a mask points a gun to her head. CONTRIBUTED

Wynne wants to talk pot with her fellow premiers at meeting

ANNUAL CONFERENCE

Premier plans to ask for counterparts' thoughts

As Canada's provincial and territorial leaders gather for their annual summer conference, Premier Kathleen Wynne wants the inside dope from her colleagues about legalized recreational marijuana.

"I can tell you I'm going to ask people what they're thinking about it," Wynne said.

Her comments come as Prime Minister Justin Trudeau's government prepares to end the prohibition of marijuana.

Trudeau has appointed former deputy prime minister Anne McLellan to lead a task force of medical and legal experts to consult with provinces, municipalities, and Canadians before releasing a report in November that will serve as the template of next year's legislation.

While marijuana is not on the meeting's formal agenda, Wynne said there will be "opportunities for us in casual conversation."

"I'll certainly be saying, 'How are you guys dealing with this? You know what I'm saying; what are you saying?'"

Here's where some of her fellow premiers stand on the subject of marijuana:

BRITISH COLUMBIA Premier Christy Clark has expressed concern on the effects of weed on children and teenagers.

"We need to make sure that young people whose brains are growing, will not be allowed unfettered access to getting marijuana," Clark told Global News in December. "Just like we have with alcohol … (if) it's something that government is prepared to endorse and allow, we should make sure that the rules are very clear that we don't want young people to be using it," she said.

Ontario Premier Kathleen Wynne THE CANADIAN PRESS

NOVA SCOTIA Premier Stephen McNeil's government has a working group examining the issue, including whether weed should be sold at government-owned Nova Scotia Liquor Corporation stores.

"Canadians are asking for it, Canadians believe it's time to have marijuana legalized," McNeil said in April, noting "I'm sure there will be tax revenue, yes."

QUEBEC Premier Philippe Couillard's government, which owns the Société des alcools du Québec monopoly, has said it does not want marijuana sold on SAQ shelves.

Finance Minister Carlos Leitao said in February that they have "no plan, no idea, no intention of commercializing" cannabis.

MANITOBA Premier Brian Pallister said in April that legalization is "a concern for parents, it's a concern for all … that this be done properly."

SASKATCHEWAN Premier Brad Wall's government, meanwhile, has three of his cabinet ministers studying how legalized weed will affect road safety.

"I don't think we have clear answers on the potential effects on driver safety and what the plan is to prevent impaired driving due to marijuana use," Wall said in May.

"There are still too many accidents and deaths due to drunk drivers and all governments are taking steps to crack down on that. Legalizing marijuana could certainly mean more impaired drivers, which no one wants," he said. TORSTAR NEWS SERVICE

Morgan Wyatt, Jackson Wyatt and Adil Qawi. LIZ BEDDALL/METRO

HEALTH

Canadian-made Zika traps heading to Rio

Gilbert Ngabo
Metro | Toronto

A team of entrepreneurs based in Toronto is doing its part to ease Zika virus concerns among Olympians headed to Rio.

About 250 biodegradable mosquito traps made by upstart Greenlid have been donated to the Canadian Olympic Committee and will be placed around areas where the athletes are living and training while in Brazil.

Jackson Wyatt, co-founder of Greenlid, said the goal is to create a "mosquito shield on the perimeter of where our athletes will be."

Wyatt and his brother, Morgan, started producing the paper-based traps about two years ago, out of their passion to eliminate plastics in the fight against mosquitoes.

Since then, they've shipped thousands of traps to Australia where the government uses them to fight off dengue fever. About 10 other countries are running similar trials, including Brazil, Ecuador, Nigeria, Pakistan and Indonesia.

Each biodegradable trap costs about $1, which is almost five times cheaper than traditional plastic traps or mosquito nets, Wyatt said.

For every trap purchased, Greenlid donates another one to charities working in communities most affected by mosquito-borne illnesses.

For the two brothers, the beauty lies in simplicity.

"We just drop the trap off, just fill it with water and insecticide and just kind of forget it," said Wyatt. "No education burden or literacy needed. It's just the simplest of things."

Pokémon Go helps cancer patient stay active

Lisa Freedman HANDOUT/THE CANADIAN PRESS

A Toronto woman has incorporated Pokémon Go into her cancer treatment plan.

Sixty-year-old Lisa Freedman, a lawyer, has to walk at least 20 minutes a day to help recover from the radiation used to treat her breast cancer.

But the treatment has left her fatigued. "I have no energy to get off the couch," she said.

And when she did find the energy to go on walks, she said it was boring.

"When I walked, I didn't have a purpose," she said.

So her 22-year-old son told her to download the mobile Pokémon Go app to give her a reason to walk around outside.

The cellphone-based game sends players into the real world to search for digital monsters, who appear on screen when users hold up their iPhones or Android devices in various locations at various times.

"For the last couple of days I've been happily walking around the neighbourhood, finding Pokémon," Freedman said. "This way I'm not thinking about the cancer and, you know, it's fun."

But she says her best catch so far was her first. It pops up when you first register for an account, wherever you happen to be. And Freedman was in bed.

THE CANADIAN PRESS

People wave Turkish flags during a meeting in support of the Turkish president in Istanbul on Tuesday. AFP/GETTY IMAGES

Tens of thousands lose jobs in Turkey after failed coup

CRACKDOWN

Government fires teachers and others they say helped plot

Asserting that "all the evidence" points to a U.S.-based Muslim cleric as the mastermind of last week's failed coup, Turkey's government on Tuesday fired tens of thousands of teachers, university deans and others accused of ties to the plot and demanded the cleric's extradition.

Turkish President Recep Tayyip Erdogan raised the issue in a phone call with U.S. President Barack Obama, and his spokesman said the government was preparing a formal extradition request for the cleric, Fethullah Gulen. But he also suggested that the U.S. government shouldn't require the facts before extraditing him.

"A person of this kind can easily be extradited on grounds of suspicion," said the spokesman, Ibrahim Kalin. "And there is very strong suspicion for his involvement, for Gulen's involvement, in this coup attempt. So this is sufficient ground."

Later, White House spokesman Josh Earnest said that Turkey had submitted materials related to Gulen and the administration was reviewing whether they amounted to a formal extradition request. Earnest added that a decision on whether to extradite would be made under a long-standing treaty between the two countries, and wouldn't be made by Obama.

Gulen has strongly denied the government's charges, suggesting that Friday's attempted coup could have been staged as a pretext for the Erdogan government to seize even more power.

"It is ridiculous, irresponsible and false to suggest I had anything to do with the horrific failed coup," the cleric said in a statement on Tuesday, accusing Erdogan of going to "any length necessary to solidify his power and persecute his critics."

"I urge the U.S. government to reject any effort to abuse the extradition process to carry out political vendettas," the statement said.

Turkish media, in rapid-fire reports, said the Education Ministry had fired 15,200 educators, while the Interior Ministry dismissed 8,777 employees and Turkey's Board of Higher Education called for the deans' resignations. In addition, 1,500 finance ministry employees were fired, 257 people working at the prime minister's office were sacked and 492 staffers at the Directorate of Religious Affairs were dismissed, including clerics, preachers and religious teachers.

Tuesday's firings come on top of roughly 9,000 people who have been detained by the government, including security personnel, judges, prosecutors, religious figures and others. Turkey's state-run Anadolu news agency says courts have ordered 85 generals and admirals jailed pending trial over their roles in the coup attempt. Dozens of others were still being questioned.

Asked about the scale of the purges, U.S. State Department spokesman Mark Toner cautioned Turkish authorities not to overreach.

"The types of arrests and roundups that you cite have not gone unnoticed by us," he said.

Erdogan, meanwhile, indicated the government was considering reinstating the death penalty, a practice abolished in 2004 as part of Turkey's bid to join the European Union. Several European officials have said such a move would be the end of Turkey's attempts to join.

Addressing hundreds of supporters outside his Istanbul residence early Tuesday, Erdogan responded to calls for the reintroduction of the death penalty with the simple statement: "You cannot put aside the people's demands."

"In a country where our youths are killed with tanks and bombs, if we stay silent, as political people we will be held responsible in the afterlife," Erdogan said, pointing out that capital punishment exists around the world, including in the United States and China.

The violence surrounding the Friday night coup attempt claimed the lives of 210 government supporters and 24 coup plotters, according to the government.

THE ASSOCIATED PRESS

> **The types of arrests and roundups that you cite have not gone unnoticed by us.**
> U.S. State Department spokesman Mark Toner, cautioning Turkish authorities not to overreach

PURGES

Tuesday's dismissals touched every aspect of government life.

- The latest purges were intended to blunt the influence of Gulen, an Erdogan rival who has been in self-imposed exile in Pennsylvania since the late 1990s and whom the government has long accused of being behind a "parallel terrorist organization."
- The government announced the firing of nearly 24,000 teachers and Interior Ministry employees and demanded the resignations of another 1,577 university deans.

GERMANY

Attacker vowed 'revenge' against 'infidels'

A 17-year-old Afghan asylum-seeker vowing "revenge on these infidels" went on an axe-and-knife rampage on a train in southern Germany, wounding five people before being shot and killed by police — an attack that German authorities conceded Tuesday was almost impossible to prevent.

German officials didn't identify the attacker or the victims, but Hong Kong's immigration department said among those wounded were four members of a family of five from the southern Chinese city.

At least one member of the Chinese family and another woman attacked outside the train were in life-threatening condition, according to Bamberg prosecutor Erik Ohlenschlager.

Daesh claimed responsibility for the Monday night train attack, which came less than a week after the Bastille Day truck attack in Nice, France, also claimed by Daesh, in which 84 people were killed.

Bavaria's top security official Joachim Herrmann said, while the Nice attack was "clearly another dimension," in both cases the choices of weapons and targets made them "extremely difficult to prevent in any fashion."

Nevertheless, he urged an increased visible police presence across the country.

Germany has not experienced the large, deadly attacks that France and Belgium have, although a string of sexual assaults and robberies on New Year's Eve in Cologne that prosecutors say were committed largely by foreigners gave rise to fears of whether the country could cope with the one million migrants it registered in 2015.

As the flow of migrants has slowed this year, the anti-immigrant protests have faded, but the train attack seemed likely to raise concerns again.

Despite the IS claim of responsibility and a hand-painted IS flag found in the suspect's apartment, authorities said so far they have found no direct links between the suspect and IS and believe that he self-radicalized.

Investigator Lothar Koehler said the teenager's motivation appeared to be Islamic extremism based upon a passage, found among notes in his apartment, which read: "Pray for me that I can take revenge on these infidels and pray for me that I will go to heaven."

THE ASSOCIATED PRESS

Delegates hold signs and celebrate during the second day of the Republican National Convention on Tuesday in Cleveland, Ohio. The convention nominated Donald Trump as their presidential standard-bearer. GETTY IMAGES

Trump nominated amid plagiarism controversy

U.S. ELECTION

Campaign insists no evidence of misconduct

The plagiarism accusations centre on Monday night's well-received speech by Republican nominee Donald Trump's wife, Melania Trump. Two passages — each 30 words or longer — matched a 2008 Democratic convention address by Michelle Obama nearly word-for-word.

Trump's campaign managed only to keep the controversy alive on Day 2 of the convention by insisting there was no evidence of plagiarism, while offering no explanation for how the strikingly similar passages wound up in Mrs. Trump's address. The matter consumed news coverage from Cleveland, obscuring Mrs. Trump's broader effort to show her husband's softer side.

Passages of Melania Trump's speech matched a 2008 speech by Michelle Obama nearly word for word. AFP/GETTY IMAGES

Democrat Hillary Clinton pounced on the tumult, saying the Republican gathering had so far been "surreal," comparing it to the classic fantasy film Wizard of Oz.

"When you pull back the curtain, it was just Donald Trump with nothing to offer to the American people," Clinton said.

Top Trump adviser Paul Manafort said the matter had been "totally blown out of proportion."

"They're not even sentences. They're literally phrases. I was impressed somebody did their homework to think that that could be possibly done," Manafort said.

In the midst of the plagiarism allegations, Republicans officially nominated Trump as their presidential standard-bearer, capping the billionaire businessman's stunning takeover of the GOP and propelling him into a November faceoff with Democrat Hillary Clinton.

THE ASSOCIATED PRESS

Oh noro, not now

Health officials Tuesday said 11 members of the planning team for the California delegation to the Republican convention were recovering from a bout of norovirus, or what's known as stomach flu. No delegates appeared to be affected. The symptoms, which can include vomiting and diarrhea, were first reported Thursday as logistics members arrived at a hotel about an hour west of Cleveland, said Pete Schade, Erie County health commissioner. Those who got sick are isolated in their rooms, Schade said, and the Ohio Health Department is trying to identify the source.

DAY 2

Gun held to protest 'fascist policies'

STEVEN GOETZ METRO'S REPORTER IN CLEVELAND

All day Tuesday, media swarmed around Micah Naziri, who openly carried an AR-15 assault rifle through the streets.

Naziri said he came to town from his home in Yellow Springs, Ohio, "to protest and oppose Donald Trump's proposed fascist policies."

"The message I want to send is that if anyone attempts to unconstitutionally and illegally create a fascist police state in the United States, they will be resisted," Naziri said.

While Naziri answered Metro's question, another man badgered him over his head covering, asking if he was a Muslim. Naziri smiled and calmly refused to answer, insisting it was a distraction from the purpose of his protest.

He compared Trump's campaign to Adolf Hitler's in 1932: "His rhetoric was very much like Trump's and in the beginning no one took him seriously.

"There are such large numbers of Trump supporters saying awful things about depriving large groups of people of their constitutional and human rights," he said. "This is something that should be bothering anyone who believes in freedom."

Micah Naziri says if anyone attempts to create a fascist police state in the U.S., 'they will be resisted.' STEVEN GOETZ/FOR METRO

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STATISTICS CANADA STUDY

Laid-off Canadians go back to school

A new Statistics Canada study says there are significant correlations between job layoffs and full-time enrolment in post-secondary education.

To illustrate its findings, the report released Tuesday said men who lost their jobs in 2008 — at the start of the recession — were five times more likely to register for post-secondary education than those who weren't laid off.

The research found 3.1 per cent of men who lost their jobs that year went back to school on a full-time basis. In contrast, only 0.6 per cent of men who didn't lose their jobs between 2001 and 2011 enrolled in full-time, post-secondary schooling.

Among women laid off in 2008, 3.1 per cent of them enrolled full time in a post-secondary institution, compared with one per cent of women who didn't lose their jobs between 2001 and 2011.

The goal of the paper was to take a closer look at how people respond after losing their job, or even when they anticipate a possible layoff.

"The substantial increases in full-time enrolment observed among men and women displaced in 2008 suggest that adult workers respond to job loss by enrolling full time in (post-secondary) institutions," said the report, co-authored by Wen Ci, Marc Frenette and Rene Morissette.

The study also found that, in general, workers laid off between 2001 to 2011 were two to four percentage points more likely than other workers to go to school.

THE CANADIAN PRESS

PRE-EMPTIVE

The study found correlations between layoffs and full-time post-secondary education, starting two years before a job loss and the two years that followed a job loss, suggesting some workers concerned about the future of their positions may pre-emptively enrol in post-secondary institutions as a precaution.

IN BRIEF

U.S. Capitol complex picks BlackBerry crisis system

BlackBerry says it has received a multimillion-dollar order for its AtHoc secure software that would be used in the U.S. Capitol complex in times of crisis.

THE CANADIAN PRESS

market minute

DOLLAR 76.76¢ (-0.54¢)
TSX 14,524.61 (-7.79)
OIL $45.65 US (-59¢)
GOLD $1,332.30 US (+$3.00)

NATURAL GAS: $2.73 US (+1.0¢)
DOW JONES: 18,559.01 (+25.96)

Pirate Joe's owner Mike Hallatt, who resells products from U.S. specialty grocery store Trader Joe's, stocks shelves as he works to reopen his store at a new larger location in Vancouver. DARRYL DYCK/THE CANADIAN PRESS

Grocery free agents on the rise in Canada

SHOPPING

Convenience, desire for exclusive items behind trend

It's one of Vancouver's worst-kept secrets.

Since 2012, diehard fans of U.S. grocery chain Trader Joe's have been able to get their hands on Speculoos Cookie Butter and Triple Ginger Snaps at a tiny storefront in the city's Kitsilano neighbourhood.

The cheekily named Pirate Joe's, which first opened under the guise of a traditional Romanian bakery, has shelves and shelves of more than 1,000 Trader Joe's products and was the brainchild of owner and founder Mike Hallatt.

After being closed for four months, the store is set to reopen this week at a bigger location.

Hallatt says customers gravitate towards his business because of brand loyalty and a frustration with the choices and prices at his big-box grocery competitors.

Pirate Joe's isn't the only small grocery delivery service in the country.

In November, a husband and wife team started Comfort.to to bring Costco orders to those living in downtown Toronto who don't have a store membership, want to avoid the shopping crowds or lack the time or access to a vehicle to get to the chain's suburban stores.

Since its launch, Comfort.to has had more than 1,200 orders — sometimes up to 25 deliveries per weekend. Each customer is charged a flat fee of $10 for a delivery.

The appeal of the service, says 29-year-old founder Vitaliy Savitsky, is that customers, especially those living downtown, want better value on their grocery bills.

Ron Damiani, a spokesman for Costco Canada, says the retailer is a wholesaler and therefore doesn't take issue with Comfort.to reselling its products to people who may not have memberships.

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Date: Thursday, August 4, 2016
Time: 7 p.m.
Location: Hillhurst Sunnyside Community Association
Slate Room 1320 5 Ave NW, Calgary

Any interested person may attend but must live in the boundaries of the constituency to vote. A membership is required for voting purposes. Memberships are available online at www.pcalberta.org or at the door. The purpose of the meeting is to elect a Board of Directors, confirm the constitution, and other business arising from the AGM. For further information or if you wish to become a member of the board, please contact info.pcmountainview@gmail.com.

metro VIEWS
Your essential daily news
Wednesday, July 20, 2016

ROSEMARY WESTWOOD ON MELANIA'S PERFORMANCE

Spousal speeches are intended to humanize candidates. But Donald Trump is committed to a singular, flat caricature. Depth is the antithesis. Humanizing him is the exact opposite of the goal.

It was either 24 hours of a hot Melania mess, or one more checked box for the Trump campaign.

Either Melania Trump has been humiliated after her Republican convention speech echoed, at times word for word, sections of Michelle Obama's historic 2008 endorsement of her husband, or her speech had more in common with My Little Pony (according to a Republican party strategist) and, anyway, she "hit it out of the park," according to Trump's chief campaign strategist, who may or may not have been responsible for the speech.

Plagiarism allegations aside, Melania Trump offered a relatively flawless execution. Pundits and news outlets politely did not mention the occasional misuse of English. Many seemed careful — if not keen — to help Melania save face for mispronunciations she can't help, while giving a speech she was loath to make.

Nothing's gained from pointing out a few misplaced S's, they calculated. But then again, many pundits suggested nearly nothing at all was gained from the speech. It floated along with empty phrases ("he loves this country so much"), instead of feeding the expectation that we might learn anything interesting or intimate at all about Melania or her husband.

Spousal speeches are intended to humanize candidates, like an exclusive interview with People magazine (You might be surprised to hear it, but Mr. Hotstuff simply hates kale!), and pundits weren't feeling they got enough tidbits about Trump's morning bed hair or that one special moment when the facade fell down and he seemed vulnerably human.

But that should not surprise us. As we learned again this week from Trump's The Art of the Deal ghostwriter, Tony Schwartz, Trump adores the strongman image. He's obsessed with the attention, and the myth. He's committed to a singular, flat caricature. Depth is the antithesis. Humanizing him is the exact opposite of the goal.

ACCORDING TO PLAN Melania Trump waves after addressing delegates as her husband, Republican presidential candidate Donald Trump, applauds during the Republican National Convention on Monday. THE ASSOCIATED PRESS

It's also doubtful that "Men for Trump" (an actual campaign button sported at the convention) need to see a human, anyways. The demonstrably false image of an omniscient, unimpeachable, and alpha male demagogue seems to be selling just fine.

But women are viewed differently. They are seen to need some kind of soft touch, and given Trump's abysmal polling among that half of Americans, Melania was also expected to help bring the ladies on board. This goal makes further sense given the "Women for Trump" event Monday, in which speakers were forced to ask themselves questions because the turnout was so low.

It may have worked. As reported by Julia Ioffe in Politico magazine, Republican women ate Melania right up. They loved the dress, they loved her "elegance." They hate Michelle Obama — insight that was offered without prompting from Ioffe — and were glad to think that, under Melania, "the White House will go back to what it used to be." Besides being beautiful, one cooed, "she's submissive to her husband." Their comments about an outspoken, inelegant Michelle were more subtle examples of the racism and xenophobia on display through the convention's first day, a hum of joyous anger where delegates treated various speakers' anti-immigrant and anti-Islam messages like scripture.

But the darkest atmosphere descended upon mention of one name: Hillary Clinton. It was a viscous sound. Deep and rumbling. Even across the airwaves into a Canadian apartment, it gave me chills. Imagine being hated that much, I thought. The crowd sounded bloodthirsty, as if, were Clinton to actually arrive, all hell literally could break loose. At its height, a mother of an American government staffer killed in the Benghazi attack whipped up calls for Clinton's imprisonment. And when the plagiarism accusations took over the news cycle Tuesday, it was Clinton who many blamed for seeding the story.

That, of course, is silly. But no Trump fan would mind. What the Melania-speech scandal shows is exactly what we should have learned by now: The narrative, not the truth, is what drives Donald Trump's presidency bid. A sexy, subservient and substanceless Melania suits the 1950s-white-America nostalgia of Trump's campaign just fine.

Clinton is a perfect target for their teeth-gnashing both because she advocates for all the progressive changes wrought since then, and also because she's strong-armed her way out of that traditional wifely role. The sexism that haunted her 2008 bid has gone nowhere. It's actually quite at home — even amplified — in Cleveland. There, hating her for Benghazi hit ludicrous heights, because she's doubly hated as a woman who's defied her traditional role.

This convention has already been dubbed a "horror show" of D-list celebrity speeches, failed insurrections and plagiarism. But that's by people who it was never meant to entertain.

The true unknown in this election is the size of the nominee's target market: those who are susceptible to Trump's messaging, to his persona, to his empty promises. This whole week will be about them.

And that's what makes it all so frighteningly grave.

A sexy, subservient and substanceless Melania suits the 1950s-white-America nostalgia of Trump's campaign just fine.

Bring home Canadian man trapped in Egypt

John Greyson | **Mohamed Fahmy** | **Tarek Loubani**

All three of us have spent substantial time in Egypt's most notorious prisons among thousands of people arbitrarily detained — activists, journalists and regular citizens, Egyptian and non-Egyptian. Tireless advocacy and political lobbying finally helped bring us home, but we left behind those who weren't as lucky.

One of those prisoners is Canadian permanent resident Khaled Al-Qazzaz, a philanthropist, educator, husband and father, whose wife and four children are all Canadian citizens, and who now faces life-threatening injuries as a result of his imprisonment. We believe that the Liberal government under Prime Minister Justin Trudeau can bring him and his family home.

Like many people who are arbitrarily detained, Khaled was not charged with a crime. He was arrested in 2013 and spent hundreds of days in solitary confinement. He was kept in the adjacent cell to Mohamed Fahmy, a journalist with Al Jazeera at the time. As Khaled will surely tell you, it's the sheer physical loneliness that's toughest to deal with, the feeling of being cut off from family and friends. He and Mohamed tried their best to console each other as they dealt with this feeling.

An international campaign, spearheaded by his wife, Sarah, and amplified by thousands of supporters, finally managed to force the Egyptians to release Khaled in late 2014. Khaled's children, excited to see their father after years apart, travelled with their mother to Egypt. The first priority: to get Khaled to a Canadian hospital, where he could finally be treated for a life-threatening spinal ailment acquired in prison.

The family finally got to the Cairo airport, hoping to fly to Canada together, only to be told by Egyptian officials that Khaled is on the country's no-fly list. Sarah and her kids can leave, but Khaled has to stay. Devastated, they all chose to remain in Cairo. The Egyptian authorities confiscated the money Sarah saved for her husband's spinal treatment, and even froze the family's business assets in Egypt, leaving them financially crippled.

We ask that Prime Minster Trudeau put himself in Khaled's position. What would he do? Would he choose to keep his family close and live under constant threat or would he choose to send his family back home and be cut off from them yet again?

The prime minister can end this nightmare by making a call to President Abdel Fattah el-Sissi. Yet the prime minister has delegated his responsibility to his junior ministers. Why? Releasing us did not hurt Canada-Egypt relations. Releasing Khaled won't either.

Trudeau has not brought Khaled home, though he has announced $30 million in grants to Egypt with millions more to come.

Khaled and his family can get home if our prime minister makes the call.

John Greyson is an associate professor at York University

Mohamed Fahmy is a Canadian-Egyptian journalist

Tarek Loubani is a physician

All three were held in Egyptian jails without just cause.

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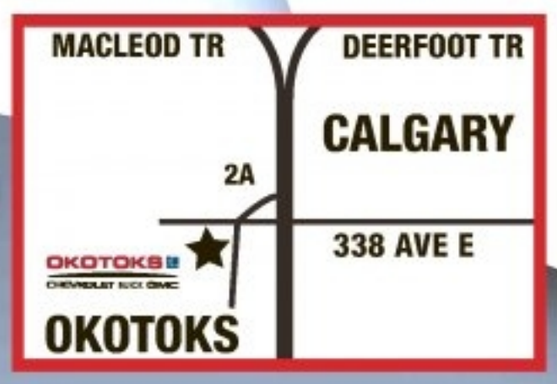

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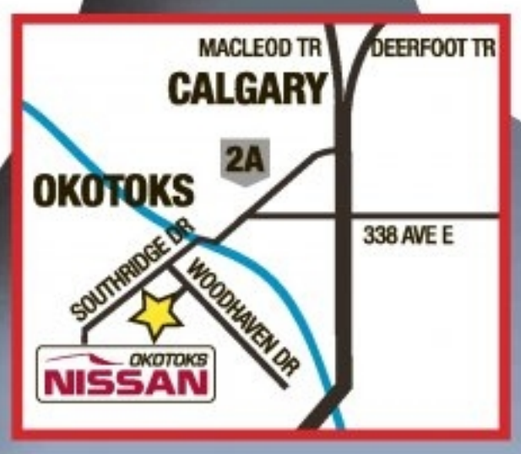

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Twilight author Stephenie Meyer's forthcoming, vampire-less novel is titled The Chemist

Women who are 'lager' than life

GENDER ISSUES

Females fighting for place on craft brewing scene

There's no doubt about it — the craft beer industry is booming. The number of licensed breweries in Canada has grown 70 per cent over the past five years. Craft beer sales in Ontario have more than doubled in the same timeframe. In B.C., sales have tripled.

However, even with the boom, there are few women working in the industry, particularly as brewers and in positions of leadership.

And, no, it's not because men drink all of the beer. Women account for 30 to 40 per cent of craft beer consumption. Plus, historically, beer was almost solely produced and sold by women. It wasn't until the Industrial Revolution, when financial opportunities were realized, that the industry shifted.

During a recent craft brewers' panel discussion, Ellen Bounsall, one of the founders of McAuslan Brewing in Montreal said only two women in Canada were involved in brewing when the craft beer industry started in the '80s.

And while there are no hard statistics about the number of women working in the industry in Canada today, it does appear to be slowly on the rise.

Erin Kloos, brewer at Grand River Brewing in Cambridge, Ont. says like in many professions, women have to work harder to break into the craft brewing industry. KATHERINE WISSENZ

CBC recently reported three female head brewers in B.C., of 120 craft breweries. Niagara College offers a brewing program where eight to 22 per cent of the students are female each year. So, while there are no longer just two female brewers in Canada, the industry is still male dominated.

"I think you have to acknowledge that there are disparities between men and women in the brewing world," says Erin Kloos, brewer at Grand River Brewing in Cambridge.

"You see it everywhere in society, women have had to work harder to break into sports, politics, business and essentially every other field, so what would make the beer industry any different?"

Being a woman working in a "man's world" has its share of challenges. Kloos says she's gone to brew planning meetings where the immediate opinions are "to go light, fruity, figure-fitting and spritzy" when creating something for female consumers.

"Most of the beer-drinking women I know, love and appreciate the darkest, hoppiest, booziest stuff we've got," she says.

However, the problems don't stop there. Female brewers have shared stories on everything from inappropriate jokes and sexual propositions to not receiving the same respect and acknowledgement in the workplace as their male counterparts.

Garnet Siddall, president of Side Launch Brewing in Collingwood and vice chair of Ontario Craft Brewers acknowledges there has been limited progress made so far. "The women that have joined have done so because they love the industry despite the issues in it," she says.

"Any progress has come because of the individuals who have forged their way bravely into the mix. And they haven't always had a warm welcome."

Ken Beattie, executive director of the B.C. Craft Brewers Guild, which is run by an entire male board, declined to comment, but offered several names of B.C. female brewers.

However, the women working in the craft beer industry have recognized the need to support their peers and have created various groups and events to do so, such as International Women's Collaboration Brew Day, Barley's Angels and the Society of Beer Drinking Ladies.

The association of Ontario Craft Brewers is also developing a strategy to support women in the industry. "We need to address the issue, admit there is one and collect some basic data. We need a baseline from which to measure our progress," says Siddall.

"Then we need to figure out what the specific problems are. Marketing? Hiring? Education? Work environments? What exactly is it that is preventing women from entering the field that they created? Once that basic legwork is done then we can begin to address them.

"Very basic stuff, but we have to start somewhere."

TORSTAR NEWS SERVICE

KLOOS' PICKS

- "I'm a huge fan of **Steamworks**, headed by Julia Hanlon out in Vancouver," says Kloos. "Not only for the awesome recipes she has developed, but also for the atmosphere in the brewery."
- "Nicole Hynes from **Sweetgrass Brewing** in Toronto is developing some delightfully current brews," says Kloos. She's also a fan of **Side Launch** and **Garrison Brewing Co.** in Halifax.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Iced coffee

Need to cool down and get caffeinated? Make sure your coffee drink isn't dessert in a cup!

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HERE'S WHY

Equivalent to 16 Oreo cookies in sugar

The hot heat of summer doesn't deter us from getting our caffeine fix. While blended iced beverages are tasty and filling, we shouldn't be drinking our calories. If you're craving a cool coffee drink, stick to the original, not the fancy flavoured drinks. Between the whipped cream and the vanilla and chai flavour base, you're adding creamy calories, fat and loads of sugar. A regular iced coffee, made with 18% cream, has over three times less calories, fat and sugar. To make it even less of an indulgence, get it made with milk and ask for half the sugar.

TREND

Celery — the veg that gets no credit

When Master Chef judge Graham Elliot was asked to name the most underused vegetable, his reply was immediate: Celery!

"I love it for the crunch, and for its slight bitter edge," says the celebrated Chicago chef and restaurateur.

"You can juice it, shave it into salads, pickle it, garnish a cocktail, make stock … there are so many things you can do with celery," says Elliot, "and it's inexpensive."

Fellow cookbook author Barbara Kafka agrees, calling celery "massively ignored except in chicken soup or tuna salad."

She could have added Ants on a Log, the popular kid's snack of celery sticks stuffed with peanut butter and dotted with raisins.

The sturdy green stalks weren't always so unloved. During Medieval times, wizards believed celery seeds could help them fly. And celery leaves, which most of us discard, were woven into garlands found in the tomb of Egyptian pharaoh Tutankhamen.

We can probably thank the French for forcing us to buy a bunch of celery every time we make a soup or stew. In a mirepoix (soffritto in Italian), chopped celery is sautéed gently with onions and carrots for a flavourful base. The leaves are also bundled into a bouquet garni with bay leaves, parsley and thyme sprigs to flavour stock.

Now that meals have morphed into an all-day graze, celery is a superstar. Its portability and refreshing crunch — it's actually 95 per cent water — makes it an ideal snack. As Elliot says, crunch away! TORSTAR NEWS SERVICE

Some chefs claim celery is 'massively ignored' except for soups or stews. ISTOCK

FOOD BRIEFS

Inception a wine for all

While every wine label tells a story some are way more War and Peace than they are a haiku. Take the 2012 Inception Deep Layers Red ($13.95-$14.99) for example. You'd think being made in the beautiful Stellenbosch region of South Africa from an inspired blend of Shiraz, Petit Verdot and Mourvèdre would be enough of a tale to encourage you to pick up a bottle.

Though it has nothing to do with the wine's creation or taste; Distell, its creator, has built a whole narrative around its name through its front panel. Resembling an artsy tattoo, Inception's label is a graphic cornucopia starring Adam and Eve surrounded by tree branches loaded with hidden images.

Aimed squarely at millennials, it proved a hit with the more mature crowd I hang with at a recent barbecue.

PETER ROCKWELL/ METRO

Cool, quick cooking vermicelli

RECIPE

This light noodle dish is perfect for hot summer days

You can toss this dinner together, no sweat. TORSTAR NEWS SERVICE

Your city keeps issuing heat alerts. You want something that won't heat up your tiny kitchen — filling, but light enough that it won't make you sleepier than the heat does.

This quick vermicelli dish is for you.

These thin noodles made from rice are a staple at Asian grocers, but large supermarkets stock them to appeal to the Asian population (as well as the gluten-free crowd).

The noodles come in different shapes, from the broad, flat noodle used in pho to the thin, hairlike strands used in stir frys. It's the latter that you want for this recipe.

These thin noodles take just a minute or two to cook when submerged in hot water, meaning minimal cooking time.

When tender, rinse the noodles under cold running water to stop the cooking process and turn them into a cold dish. Toss noodles in whatever vegetables you have, firm tofu cubes (seared or cold), fresh mint leaves to give it a cool herbal note, and a splash of sweet chili sauce for flavour.

Match the delicate texture of the rice noodles by shredding or slicing vegetables very thinly and by dicing the tofu into small cubes.

This way, every bite with have equal parts noodle, vegetable and protein rather than a big hunk of carrot with a few strands of vermicelli hanging off it.

Cold vermicelli with tofu and vegetables

Serves 1

Make this on a hot evening after a long day at work, or scale up the recipe and a colourful array of vegetables, proteins and herbs for a beautiful and tasty group meal.

Ingredients:

- 1 handful dried thin rice noodles (vermicelli)
- 1 tsp (5 mL) olive oil
- 1 cup (250 mL) bite-sized firm tofu cubes
- Salt and pepper, to taste
- 1/2 cup (125 mL) chopped green beans
- Sweet chili sauce, to taste
- 1/4 cup (60 mL) grated carrot
- 5 to 6 cherry or grape tomatoes, halved
- 1/2 avocado thinly sliced
- Fresh mint leaves, to garnish

Directions:

1. In a large heatproof bowl, submerge rice noodles in boiling water, swirling noodles until tender, about 1 minute. Drain and rinse under cold water, making sure strands don't stick together. Set aside.

2. In a medium skillet over medium-high heat, heat oil. Sauté tofu cubes and green beans until both start turning golden brown.

3. In a serving bowl, toss tofu and beans with noodles, chili sauce, carrot and tomatoes. Season with salt and pepper to taste. Top with avocado and mint. Serve immediately.

Alternative herbs: If fresh mint isn't available, try basil and cilantro as they match the Thai flavours of the sweet chili sauce. Just make sure to chop the herbs finely if the leaves are really big.

More topping ideas: Treat the noodles as a base and the rest is up to you. Opt for crunchy vegetables to contrast the texture of the soft noodles: grated raw beet, zucchini ribbons, chopped green onion, diced peppers. Peanuts and cashews also add crunch and a nuttiness that complements the sauce.

TORSTAR NEWS SERVICE

'LITTLE WORMS'

Vermicelli a global hit

Many in West Indian, South Asian and Middle Eastern nations had bowls of the stuff browned in butter and cooked in milk for a sweet Eid dessert. America has Rice-A-Roni. South of the border, Mexicans eat fideos (vermicelli in a chili, tomato and garlic sauce). Italians toss the noodles with tomatoes and grated Parmesan. The word vermicelli means "little worms" in Italian. TORSTAR NEWS SERVICE

JOHANNA SCHNELLER WHAT I'M WATCHING

With Trump, it's now too serious for jokes

THE SHOW: Late Show with Stephen Colbert, July 18, 2016 (CBS)
THE MOMENT: Jon Stewart's cameo

Host Stephen Colbert knocks on the door of a remote cabin. A bearded Jon Stewart answers. "You will not believe who the Republican nominee is," Colbert says, as Stewart takes a sip of tea. "Trump."

Stewart's spit take hits Colbert's face. "The guy who filed for bankruptcy in '91?" He asks. "And '92, and 2004, and 2009? That guy?"

"Same guy," Colbert says. "The guy who looks like an angry creamsicle."

"Decomposing Jack O'Lantern," Stewart says.

Colbert nods. "The guy who said, and I quote, 'I have black guys counting my money. I hate it. The only guys I want counting my money are short guys that wear yamulkes all day.' So you can see why I'm here."

Stewart fetches Colbert's former persona from The Colbert Report. He does his own spit take at the word "Trump."

After a commercial, Former Stephen enters the CBS studio on a gold chariot borne by buff, shirtless Uncle Sam's, and riffs on the word "Trumpiness."

It should be comforting to see Stewart and Colbert back in form. Instead, it made me feel slightly ill. Because day one of the U.S. Republican convention was a sickening affair, beginning with racial insults and ending with Melania Trump's plagiarized speech.

Stewart and Colbert's old personas don't hold up, because it feels too late for jokes now.

The divide between the issues of the world and Trump's inadequacy to handle them is too serious.

It's like watching the Comedy Cavalry — tooting horns, pants falling down — arrive at a ghastly crime scene.

Jon Stewart and Stephen Colbert polish off their old personas this week on the Late Show, but it doesn't hold up. CONTRIBUTED

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

NETFLIX

Making a Murderer gets new episodes

Making a Murderer fans, rejoice. On Tuesday, Netflix announced executive producers/directors Moira Demos and Laura Ricciardi are working on new episodes of the true crime series.

These episodes will focus on the post-conviction process of convicted murderer Steven Avery and co-defendant Brendan Dassey.

"The viewers' interest and attention has ensured that the story is not over, and we are fully committed to continuing to document events as they unfold" said creators, Ricciardi and Demos in a release.

METRO

CORRECTION

An article on dating while HIV positive in the July 19, 2016, edition of Metro stated that the drug Truvada is not approved in Canada for HIV prevention. Truvada, a type of PrEP (Pre-exposure prophylaxis) was approved for this use in February 2016. Metro regrets the error. METRO

Bill Maher takes aim at conventions

POLITICS

Host adds new slots this week and next for U.S. nominations

When did Bill Maher hatch the idea for special Real Time broadcasts during the political conventions?

"Maybe when Donald Trump began talking about riots," Maher replies with a puckish grin.

That was way back in March, when the now-presumptive GOP presidential nominee warned of riots at the convention if any efforts arose to snatch the nomination from him.

Such a thing now seems unlikely, but this week's Republican convention in Cleveland, followed by next week's Democratic shindig in Philadelphia, still promise to be "crazier and more outrageous and more interesting than ever," says Maher, almost smacking his lips.

No wonder he's supplementing his weekly Real Time hour (Fridays at 10 p.m. EDT on HBO) with half-hour pop-ups tonight and tomorrow as well as July 27 and 28 for a rapid response to each night's goings-on.

Also available to non-HBO subscribers by live-streaming on the Real Time YouTube channel, each edition will include a monologue as well as Maher's signature New Rules commentary and, in between, discourse led by Maher with his in-studio guests (Tonight it will include documentary filmmaker Michael Moore, political correspondent Joy Reid and advice columnist Dan Savage; on Thursday, economic equality advocate Heather McGhee, California Lt. Gov. Gavin Newsom and economist Robert Reich).

Each program is scheduled to air live at 11 p.m. EDT — that is, unless significant stuff is still happening: "You can't interrupt a riot," Maher cracks.

He isn't the only observer who will cast a special comic eye on the proceedings.

Bill Maher will supplement his Real Time hour with half-hour pop-ups tonight and tomorrow as well as July 27 and 28. CONTRIBUTED

• Comedy Central's Trevor Noah is originating The Daily Show from Cleveland's Breen Center for the Performing Arts this week at 11 p.m. EDT and next week from the University of Pennsylvania.

• CBS' The Late Show with Stephen Colbert (11:35 p.m. EDT) will broadcast live from its New York studio with teams on-site at each convention delivering reports. (Each week of live shows will be specially themed: The 2016 Trumpublican Donational Conventrump and The 2016 Democratic National Convincing.)

• TBS' Full Frontal with Samantha Bee" (Mondays at 10:30 p.m. EDT) presents a road-to-Cleveland special interviewing regular Americans along the way. It airs tonight at 10:30 p.m. EDT, with hopes for another special pegged to the Democrats' convention.

THE ASSOCIATED PRESS

FIRST LADY SINGS

Corden, Obama ready for their Karaoke joyride

Michelle Obama's Carpool Karaoke joyride with James Corden will air Wednesday on the late-night host's CBS show.

The U.S. first lady and Corden sing "This Is For My Girls," described as a "girl power anthem" intended to promote full access to education worldwide. THE ASSOCIATED PRESS

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REVIEW

Already handsome sedan ups its game

Dan Ilika
AutoGuide.com

Some people will tell you midsize sedans don't sell anymore; that they're a dying breed pushed aside by crossovers.

Those people are what I like to call "wrong." Sure, crossovers are a big deal these days, but midsize sedans are nothing to scoff at either, with close to three million sold in North America each year. Which brings us to the 2016 Mazda6. It's not the newest midsize sedan on the market, but it may still hold the title as the best looking — and one of the best in the business.

It's rare that a design language translates so well to so many different forms, but Mazda has accomplished that with its current lineup. Park the 6 alongside any other model in Mazda's stable and the family ties are immediately evident. The few character lines the sedan does have tie in nicely with its muscular shoulders.

Little has been done to the exterior of Mazda's flagship sedan for 2016, save for a revised grille design, while cars in GT trim, like our tester, add LED headlights, fog lights and grille illumination, but the changes only add to the esthetic appeal of an already handsome sedan.

Of all the cars in the midsize segment, the Mazda6's interior, at least in GT trim, comes closest to encroaching on premium car territory. And it's inside where the most work has been done for this model year, with a host of changes made to improve the cabin's feel and function.

Mazda's Heads-Up Cockpit concept is executed to perfection here, with a driver-focused interior that puts all the controls well within view and reach. The in-dash infotainment screen has been replaced with a freestanding unit a la Audi and Mercedes-Benz, lowering the height of the dash, while the move to an electronic parking brake, a first for Mazda, cuts down on console clutter and makes room for what matters. And what matters is the new infotainment control knob, which proves easy to use while driving, though its functionality is wisely limited while the vehicle is in motion.

Overall, the Mazda6 Grand Touring hits all the marks that are sure to keep this segment rolling along for years.

THE CHECKLIST | 2016 MAZDA6

THE BASICS

Engine: 2.5L turbocharged four-cylinder
Power: 184 hp, 275 kg/m
Transmission: Six-speed manual;
six-speed automatic
Fuel Economy: 8.5 L/100 km city, 5.9 L/100 km hwy (automatic w/i-ELOOP)
Price: $37,390 (as tested)

LOVE IT

- Impressive cabin quietness
- Upmarket interior feel
- Sharp-looking exterior design

LEAVE IT

- Underpowered engine
- Regenerative braking system
- Lack of Android Auto/Apple CarPlay

Big cat hunts for trouble

GM

GM

Workers may get robot glove

General Motors wants to be the first company to test a new robotic glove that should help factory workers assemble cars by reducing grip fatigue.
GM has licensed its RoboGlove technology to a Swedish medical technology company called Bioservo Technologies. The original RoboGlove, which was developed by GM and NASA, took nine years to create and was sent into space in 2011.
STEPHEN ELMER/AUTOGUIDE.COM

CONTRIBUTED

DESIGN

Student creates Lexus concept

Could this be the Lexus of the future? Probably not, unless Lexus decides to hire the design student who created this Lexus LF-LA concept. Drawing inspiration from the Lexus LFA and LC, Yang Sun has created this unique concept that he shared on his online portfolio. The drawing shows some new expressive curves, but it's not out of step with what we've come to expect from the brand. JASON SIU/AUTOGUIDE.COM

CROSS PROMOTION

Jaguar XF goes tornado chasing

Jaguar has teamed up with a U.S.-based tornado chaser, sending him into the thick of things with a new Jaguar XF. "Tornado Tim" Baker was given an XF for a late-season chase that led him on a 3,220-kilometre long expedition across seven different states until he eventually caught up with a category EF 0 (97 to 113 km/h winds) tornado, about two hours outside of Chicago. "It took us a while to track one down, but when the weather map delivered, the car did too," said Baker. "The navigation and in-car Wi-Fi, which allowed us to connect our multiple devices, worked brilliantly in the chase. The all-wheel-drive capability was also excellent as we travelled through rain and floods on loose gravel roads," he said. Of course Jaguar sent a video crew along for the ride, so you can watch as Tim chases the storm in the new XF. Power for the car comes from a supercharged 3.0-litre V6 that makes either 340 or 380 horsepower.
STEPHEN ELMER/AUTOGUIDE.COM

HANDOUT

ART

BMW i3 'Spaghetti Car' as ridiculous as it sounds

BMW and longtime partner Toilet Paper have created the BMW i3 "Spaghetti Car." The German automaker was quick to clarify that the BMW i3 Spaghetti Car isn't an official BMW Art Car, and will be destroyed sometime after the Rencontres d'Arles Festival of Photography that runs until Sept. 25. Toilet Paper is a bi-annual avantgarde picture-based publication and brand created by artist Maurizio Cattelan, and together with Pierpaolo Ferrari, the BMW i3 Spaghetti Car was born. Cattelan himself has instructed the car to be destroyed after the event and has actually officially retired from "art" since 2011. So that means the BMW i3 Spaghetti Car isn't an official BMW Art Car, nor is it officially art. The strange BMW i3 will be part of Toilet Paper's "Hors Cadre / Out of context" exhibition. JASON SIU/AUTOGUIDE.COM

HANDOUT

WHEELS IN BRIEF

The LaFerrari Convertible already sold out

Want to enjoy hypercar performance and open-air motoring? Ferrari has the answer with its new LaFerrari Convertible, but you can't buy one.

For now, Ferrari has only released photos of the car, with the rest of the details set to arrive at the Paris Motor Show in September of this year. Ferrari won't say exactly how many of these limited-edition cars it will produce, but it doesn't really matter, because every single one is spoken for and the order books are already closed. Buyers will be able to choose either a carbon fiber hard-top roof or a soft top. Specifications for this car won't change from the standard variant, which means that a 788-horsepower V12 is paired up with a 120 kW electric motor.
STEPHEN ELMER/AUTOGUIDE.COM

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metro SPORTS

The San Francisco Giants have signed former Jays pitcher Kyle Drabek to a minor-league deal with the intention of auditioning him as a shortstop

5 STAR ATHLETES WHO COULD MISS OUT

Russia is facing a possible ban from next month's Olympics in Rio de Janeiro for its repeated doping scandals. If the ban is imposed, it would shake up the medal standings. Here are five Russian stars whose absences would be greatly felt:

1 Nataliya Ishchenko

With three Olympic and 19 world championship gold medals to her name, Ishchenko typifies Russia's total domination of synchronized swimming — it's won every Olympic event this century. If no Russians compete in Rio, China and Spain would fight for the two gold medals on offer.

2 Yelena Isinbayeva

The world record holder in the pole vault and a two-time Olympic gold medallist, Isinbayeva would compete at her fifth games in Rio, but she faces extra obstacles to get there. Russia's track and field team is already banned from the games due to widespread doping, and Isinbayeva's hopes rest on a successful appeal at the Court of Arbitration for Sport.

3 Aliya Mustafina

She led the Russian gymnastics team which narrowly failed to beat the U.S. to gold in the women's all-around in 2012 and also won individual gold in the uneven bars. While Mustafina has been plagued by injuries since, she bounced back with two European championship gold medals last month. Russia has arguably the world's richest tradition of excellence in gymnastics, and if its athletes aren't in Rio, the U.S. and China will benefit in the medal table.

THE ASSOCIATED PRESS

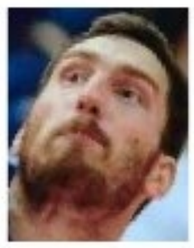
PHOTOS BY GETTY IMAGES

4 Yulia Efimova

One of the world's top breaststroke sprinters, Efimova spearheads the Russian swim team for Rio despite previous brushes with the anti-doping authorities. She bounced back from a drug ban to win 100-metre gold at last year's world championships in a fiercely competitive race with her longtime rival, Lithuanian teenager Ruta Meilutyte. Efimova missed four months this season after testing positive for meldonium.

5 Maxim Mikhaylov

Top scorer when Russia won the men's volleyball competition at London 2012, Mikhaylov would be a formidable opponent in Rio. Host nation Brazil had to settle for silver four years ago but is fired up for a gold medal in front of its home crowd.



GOLF

DeLaet hungry to bring medals home

There was a time when Graham DeLaet thought he would never be able to represent his country on the Olympic stage.

Now DeLaet will be part of a Canadian team brimming with potential when golf makes its Olympic return at the Rio de Janeiro Games following a 112-year absence.

The Canadian Olympic Committee and Golf Canada officially introduced the Olympic golf team Tuesday in Oakville, Ont. DeLaet will join a potent squad including 18-year-old phenom Brooke Henderson, David Hearn and Alena Sharp.

"Up until a few years ago I never really thought I'd ever have the chance to be an Olympian," said a smiling DeLaet. "Even just saying that and the closer and closer we get to Rio the more it's kind of sinking in. It's a pretty special opportunity, there's no question.

"Both David and I and Brooke and Alena, we want to bring back some hardware." THE CANADIAN PRESS

1904

Golf was played at the 1900 Paris Games and again in St. Louis in 1904. It was supposed to be an Olympic competition at the 1908 London Games, but when organizers couldn't agree on the format of play it was dropped from the slate of, not to reappear for over a century.

WWE

Ex-wrestlers file concussion lawsuit

More than 50 former professional wrestlers sued World Wrestling Entertainment Inc., saying the company is responsible for repeated head trauma including concussions they suffered in the ring that led to long-term neurological damage.

Jimmy "Superfly" Snuka, Joseph "Road Warrior Animal" Laurinaitis and Paul "Mr. Wonderful" Orndorff are among the plaintiffs who filed the lawsuit Monday in federal court in Connecticut. The lawsuit also names WWE chairman Vince McMahon as a defendant. Stamford-based WWE denies the allegations.

Last month, the 73-year-old Snuka was found mentally incompetent to stand trial in the 1983 death of his girlfriend near Allentown, Pa. His defence partly blames head trauma he suffered in the ring. THE ASSOCIATED PRESS

+ CHOREOGRAPHY

Unlike other sports including football and hockey where players have suffered similar injuries, WWE matches involve specific moves scripted and choreographed by the WWE — thus making the company directly responsible for wrestlers' injuries, according to the lawsuit.

OLYMPICS

IOC reviews legal options on Russian ban

With just over two weeks until the opening ceremony, Russia still doesn't know whether its athletes — all or even some — will be competing in the Olympics in Rio de Janeiro. It may all come down to the lawyers.

While the IOC decided Tuesday to ban from the Rio Games all Russian Sports Ministry officials and other administrators implicated in allegations of a state-run doping program, it delayed a ruling on whether to take the unprecedented step of barring the entire Russian Olympic team.

The International Olympic Committee said it "will explore the legal options with regard to a collective ban of all Russian athletes for the Olympic Games 2016 versus the rights to individual justice."

The IOC has also said it could let individual international sports federations decide on whether to ban Russians from their events in Rio, just as the IAAF has done by ruling track and field athletes from the Games. The 28 international federations that govern the individual sports at the summer games have made clear that they do not support a blanket ban.

The IOC's legal options may become clearer after Thursday, when the highest court in sports will rule on an appeal by 68 Russian track and field athletes seeking to overturn their ban from the Games.

Two-time Olympic pole vault champion Yelena Isinbayeva was among those arguing the Russian track and field team's case Tuesday in Geneva at the Court of Arbitration for Sport. Should the court rule Thursday in their favour, it would seemingly rule out the chance of the IOC imposing a blanket ban.

If the court upholds the IAAF's exclusion of the track athletes, however, that would keep the possibility of a total ban in play. THE ASSOCIATED PRESS

> **The Olympic movement, which is a tremendous force for uniting humanity, once again could find itself on the brink of division.**
> Russian President Vladimir Putin

IN BRIEF

UFC: Lesnar failed 2nd test
The UFC says heavyweight Brock Lesnar failed a second doping test in a sample taken on the night of his victory over Mark Hunt at UFC 200.
THE ASSOCIATED PRESS

Woods out for season
Tiger Woods withdrew from the PGA Championship, the first time he will go an entire year without playing a major. Woods will also not play the remainder of the tour season as he continues to rehab following back surgeries.
THE ASSOCIATED PRESS

Bouchard bounced out of opening round
Italy's Camila Giorgi upset fifth-seed Eugenie Bouchard 7-5, 6-4 in Washington on Tuesday in the first round of the Citi Open.
THE ASSOCIATED PRESS

Big Papi, huge home run

Red Sox designated hitter David Ortiz blasts his 23rd home run of the season.
MADDIE MEYER/GETTY IMAGES

MLB

Ortiz supplies plenty of ammo as BoSox take down Giants

David Ortiz hit a three-run homer and Rick Porcello remained unbeaten at home as the Boston Red Sox beat the struggling San Francisco Giants 4-0 on Tuesday night.

Brock Holt also homered for the Red Sox, who won for the seventh time in eight games despite a strong start by former teammate Jake Peavy.

San Francisco remained winless since the all-star break with its fourth straight loss. The Giants had just five hits and only three runners advanced beyond first base.

Porcello (12-2) scattered four hits over 6-1/3 innings, striking out three and walking two while improving to 9-0 at home. Porcello settled down after allowing singles to the first two batters he faced.

Porcello ended up striking out the side in the first and the Giants had two hits over the next five innings. Porcello left after walking Jarrett Parker with one out in the seventh. Reliever Robbie Ross got a quick double play to end the threat.

Peavy (5-8), a key member of Boston's 2013 World Series champions, struck out six over six innings and held his former teammates to three hits, but two left the park. Holt's solo homer to centre in the third was Boston's first hit and the Red Sox tacked on three more runs when Peavy faced Ortiz in the fourth.

Dustin Pedroia led off with a walk and Xander Bogaerts followed with a single, setting up Ortiz's shot to right that cleared the bullpen and several rows of seats before finally landing.

THE ASSOCIATED PRESS

TUESDAY in Boston

4	0
RED SOX	GIANTS

AROUND THE MAJORS

Bautista all set for rehab
Toronto slugger Jose Bautista is expected to begin a rehab assignment on Wednesday and could rejoin the Blue Jays when they open a three-game interleague series at home against San Diego on Monday.

Bautista, out since June 16 with turf toe, will play for Class A Dunedin on Wednesday and play three games with Triple-A Buffalo over the weekend.

In 65 games this season, the 35-year-old Bautista is batting .230 with 12 home runs and 41 RBIs.

Go to metronews.ca for coverage of Tuesday's Blue Jays-Diamondbacks game

Castro carries Yanks to win
Starling Castro hit a two-run homer and drove in four runs, Nathan Eovaldi won for the first time since May and the New York Yankees beat the Baltimore Orioles 7-1 Tuesday night to move back above .500.

Milone pitches into the 9th, Twins tame Tigers
Tommy Milone held Detroit scoreless until the ninth inning, and the Minnesota Twins broke through with five runs in the seventh in a 6-2 victory over the Detroit Tigers on Tuesday night.

Brian Dozier hit a two-run homer and Eduardo Nunez had three RBIs for the Twins.

CFL

Harris on top after 28-of-31 Week 4

Trevor Harris continues to make the Ottawa Redblacks look good on the field and shrewd in the front office.

For the third time in four weeks, the Redblacks quarterback has been named one of the CFL's top performers. Harris set a new single-game completion percentage record (minimum 30-plus attempts) with 90.3 per cent after completing 28 of 31 passes for 392 yards in a 30-20 win at Toronto on Wednesday. Harris also ran in a TD.

Ottawa signed Harris in the off-season to back up 41-year-old Henry Burris, last year's CFL outstanding player of the year.

THE CANADIAN PRESS

TEAM USA

Melo sees chance to mend fences

Carmelo Anthony wants more than a better U.S. basketball team leading into the Olympics.

He wants a better U.S.

Anthony wants an end to the gun violence, the killing of blacks and the targeting of police, and right now his quest for that seems bigger than his desire for would what be a record third gold medal.

"It's unfortunate, it's sad," Anthony said Monday. "You can't really put into words what's going on throughout the whole country, throughout the whole world. For us as a country, we have to stand united. We have to come together."

Carmelo Anthony
GETTY IMAGES

The New York Knicks forward has spoken out more and more lately, challenging fellow athletes to do the same. He's taken his message to Instagram and the ESPY Awards, and if he wants a real forum, there aren't too many bigger spotlights than the Olympics.

Will he take his message all the way to the medal podium?

"We always say that the timing could not have been any better for us as a country, having a chance to come together and being united," Anthony said, "then go over there on the biggest stage you can possibly play on and have that voice and represent something that is bigger than us as players."

THE ASSOCIATED PRESS

"That's our job. A lot of people look up to us."
Raptors and U.S. guard DeMar DeRozan, who backs Carmelo Anthony on speaking out for social change.

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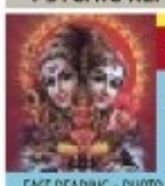

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RECIPE Salmon and Zucchini Skewers

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Rich, Asian flavours elevate this simple and healthy meal to something elegant enough to serve to guests.

Ready in
Prep time: 25 minutes
Total time: 35 minutes

Ingredients
- 1 tsp grated ginger
- 1/4 cup soy sauce
- 2 Tbsp rice wine vinegar
- 1 Tbsp sesame oil
- 3 filets of salmon
- 2 or 3 small zucchinis

Directions

1. Soak wooden skewers in water for at least 20 minutes.

2. Whisk together the ginger, soy, vinegar and sesame oil. Place salmon filets in the marinade for 20 minutes

3. Remove the salmon from the marinade and cut the filets into chunks — maybe 1 x 2 inches — and set aside. Slice the zucchini into rings and toss in the marinade quickly. Thread the fish and veggies onto the wooden skewers.

4. Preheat your grill or grill pan to medium high and wipe the grill with oil. Place the skewers over the heat and give each side about three minutes before turning. Serve these skewers over steamed rice or a bed of greens.

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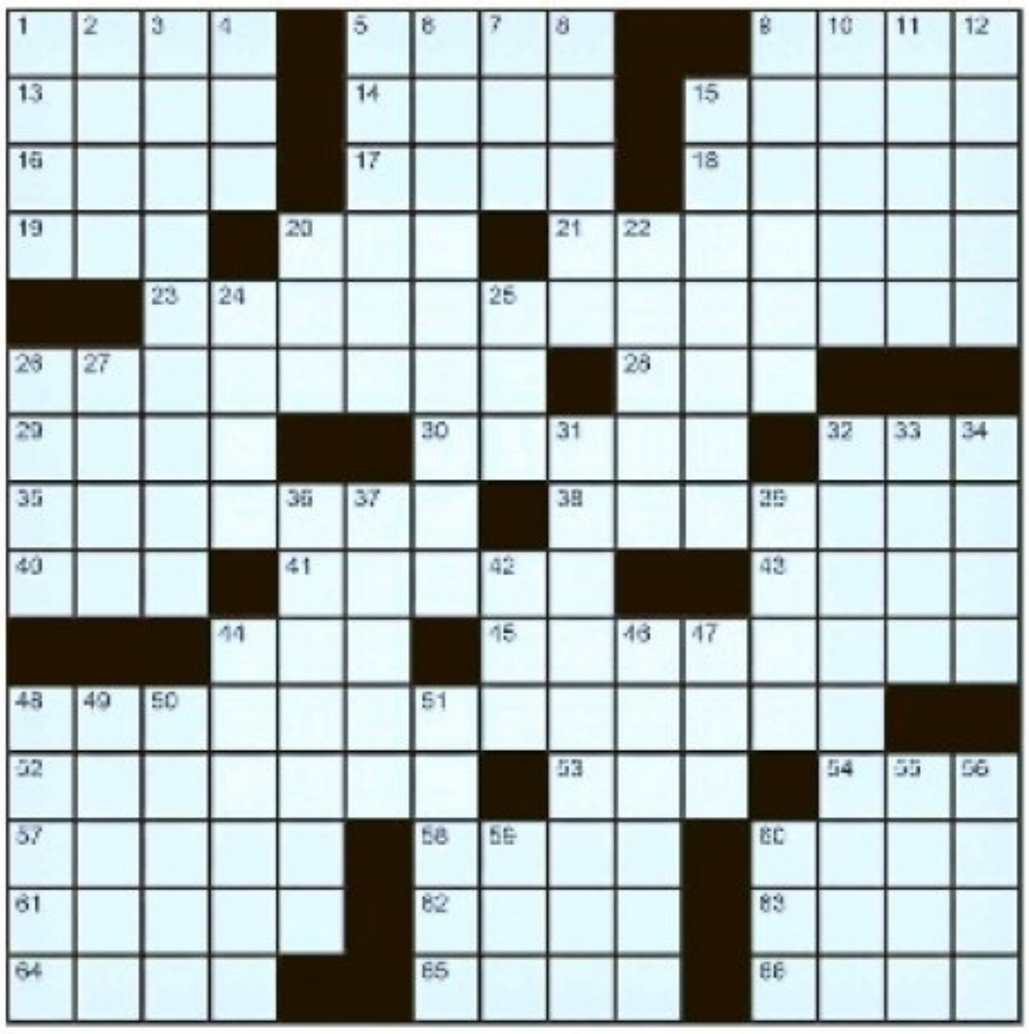
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Medical concern
5. Brother of Cain and Abel
9. Caught the traffic officer's attention
13. Courts
14. British singer Ella
15. "Monte __" (2011) starring Selena Gomez
16. Cheerful song
17. __ Admiral
18. __ oil
19. Fox's characteristic
20. Wanna-__ (Aspirants)
21. One doing some spiffy-ing up
23. Professions of Johnny, Dutch and D'avin on the show at #45-Across: 2 wds.
26. Pantene and Selsun Blue field
28. Baseball great, "__ Wee" Reese
29. "Dancing Queen" band
30. Legendary Canadian heavy metal band
32. "Rubber Ball" singer Bobby
35. "La Strada" (1954) director Federico
38. Carnivore's completely carnivorous creation's content: 2 wds.
40. Football prop
41. Nobleman's home
43. "The '__ 'e knows above a bit..." - Rudyard Kipling
44. Gnarly!
45. Interplanetary adventure series on Canadian specialty channel Space
48. Sockeye or Chinook: 2 wds.
52. The Turtles title song lady
53. __-relief
54. Gremlin
57. Ashton's "That '70s Show" character
58. Irish actor Mr. Meaney
60. Danish shoe brand
61. Oxford University college
62. Inkling
63. Quebec 'lakes'
64. 7th Greek letters
65. Fewer
66. Emerald __

DOWN
1. Pointed tools
2. Spring
3. Religious read: 2 wds.
4. Superlative suffix
5. __ Joy (Former television evangelist character in Margaret Atwood novel The Handmaid's Tale)
6. Looking into a computer screen too long woe
7. 1708 Attilio Ariosti opera, Amor __ Nemici
8. Pulitzer-winning journalist Seymour
9. Military greeting
10. Cost
11. Young eel
12. Getting-things-done people
15. Rock singer/songwriter Chris (Soundgarden and Audioslave)
20. Tampa Bay footballer, for short
22. Iris centre
24. Toothbrush brand, __-B
25. Languish
26. Knife handle
27. Have __ in one's bonnet
31. Fluctuating factors
32. Kirstie Alley sitcom, "__ Closet"
33. Simple
34. Sherbrooke 'summers'
36. "How silly of me to believe you ...yet again!": 3 wds.
37. Rock bottom
39. Magic† spell
42. Sanctions, shortly
44. Washes
46. Certain cud-chewers
47. Initials-sharers of The Bionic Man's portrayer
48. Tea, Orange __
49. Aware
50. Salsa singer Ms. Cruz
51. Mr. B. DeMille
55. Gladiator's 1250
56. Model
59. Poetic tribute
60. Inventor Mr. Whitney

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to discuss the care and education of children. It's also a good day to lay the groundwork for social or sports events.

Taurus April 21 - May 21
You might see ways to make practical and beautiful improvements to where you live. What can you do to make your home run more efficiently and beautifully?

Gemini May 22 - June 21
Serious discussions with others will go well today. This is a good time to make plans for the future when talking to siblings, relatives and neighbors.

Cancer June 22 - July 23
If shopping today, you might find things that are both practical and beautiful. Meanwhile, this is an excellent day for business and commerce, because you see secure ways of making money.

Leo July 24 - Aug. 23
Today you are realistic about protecting what you own. If shopping for clothing you will buy practical, long-lasting and beautiful items.

Virgo Aug. 24 - Sept. 23
If you work alone or behind the scenes today, you will be amazed at your accomplishments. That's because you are goal-oriented and willing to do whatever it takes to get the job done.

Libra Sept. 24 - Oct. 23
Listen to good advice from someone older or more experienced. In particular, this applies to discussions about the arts, the entertainment world and the hospitality industry.

Scorpio Oct. 24 - Nov. 22
You will impress parents, bosses and people in authority with your ideas today. They see that you take your obligations seriously, and that you see many angles to things.

Sagittarius Nov. 23 - Dec. 21
It's easy to study today, because you want to learn something new. Furthermore, you will take your time to plow through something dry and tedious to get what you want.

Capricorn Dec. 22 - Jan. 20
This is an excellent day to smooth troubled waters about inheritances or disputes about shared property. Both parties will see ways to arrive at a mutually beneficial agreement.

Aquarius Jan. 21 - Feb. 19
Sit down with a close friend or partner and discuss the obligations of the relationship. You can solve problems today; people understand what is realistic.

Pisces
Feb. 20 - March 20
You can get a lot done at work today, because co-workers are cooperative. In addition, you will see practical ways to elegantly do things. Bravo!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	2	1	6			3	9	
4	8			5			2	1
								3
		8	3	7	4	2		
7								
1	5			4			6	8
	4	6			5	1	7	

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8	7	6	9	3	4	5	2	1
2	3	9	1	5	8	7	4	6
5	9	3	2	4	1	8	6	7
4	1	8	7	6	3	9	5	2
6	2	7	8	9	5	1	3	4
7	6	2	3	8	9	4	1	5
3	8	5	4	1	2	6	7	9
9	4	1	5	7	6	2	8	3

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